

## SANDNES 29 APRIL – 2 MAY

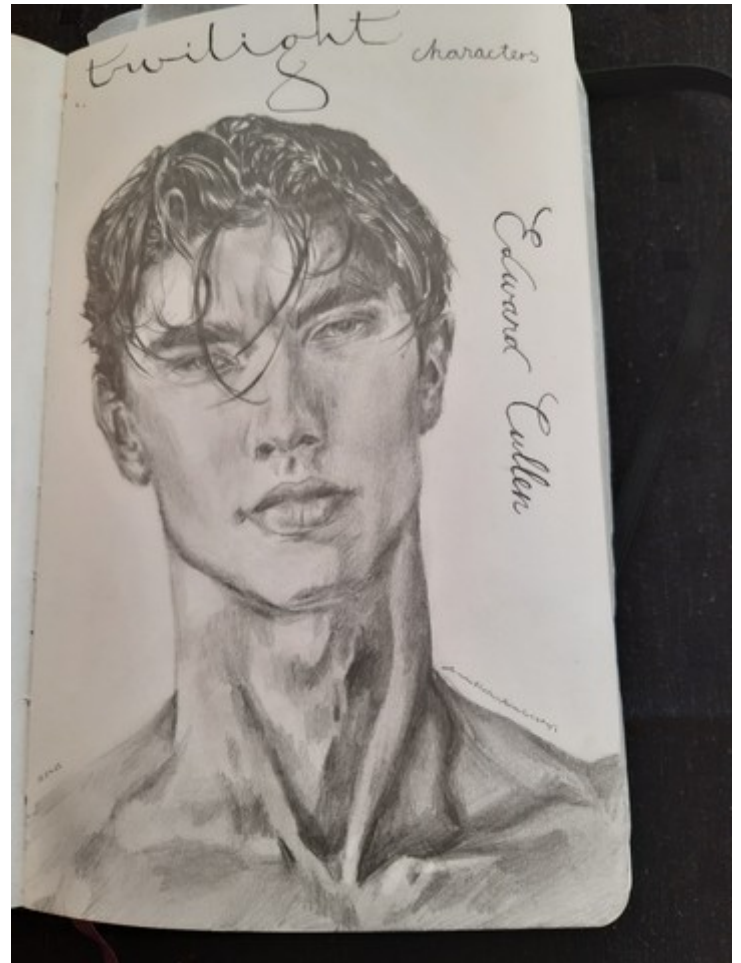
We drove to [Dalen Parkering](#) where we left our car. Dalen drove us to the airport, [Oslo Airport, Gardermoen](#). We traveled with [Norwegian](#) from Gardermoen at 13.20 and we arrived at [Stavanger Airport, Sola](#) at 14.10. We had booked a car via Norwegian. We had ordered a [Toyota C-HR](#) or similar. We got a [Toyota Corolla](#) station wagon.



We had booked at Jæren Hotell in Bryne, but we canceled it and instead booked an apartment in [Forus apartment hotel](#) in Sandnes. Then we got much better space and it became cheaper.



We got this picture.



In the evening we visited Hemming, Anne Siri, Maria, Oline and Johanne. We were served Taco. Maria showed drawings she had made. We were impressed.



On Saturday we visited Øystein. Later in the day we were with Janette, Geir, Maren and Mathilde. Here the table is ready for dinner: Pasta with pesto and various sides.



The cat, Milo, would not look at the photographer.



On Sunday we drove a trip to Frafjord. This day was [Vårsleppet on Jæren 2022](#). Here we had to stop for a long line of bikes. There was about 3000 bikes this year.



Here, the motorway on [the Kvelluren bridge](#) crosses the Kvelluren in Sandnes.



The trees have sprung out much more here than in Kongsvinger. [Krossfjellet](#) in the background.



Here we come to [Ålgård](#). Berlandshølen in the foreground and Berlandsnuten in the background.



Past Ålgård we can see [Edlandsvatnet](#) and [Edlandsfjellet](#) in the background.



This is just before we get to [Skurve industrial area](#) by Ålgård.



Then we are at Storrsheia between Ålgård and [Vikeså](#). There is still lying snow in the highest mountains in [Bjerkreim](#).



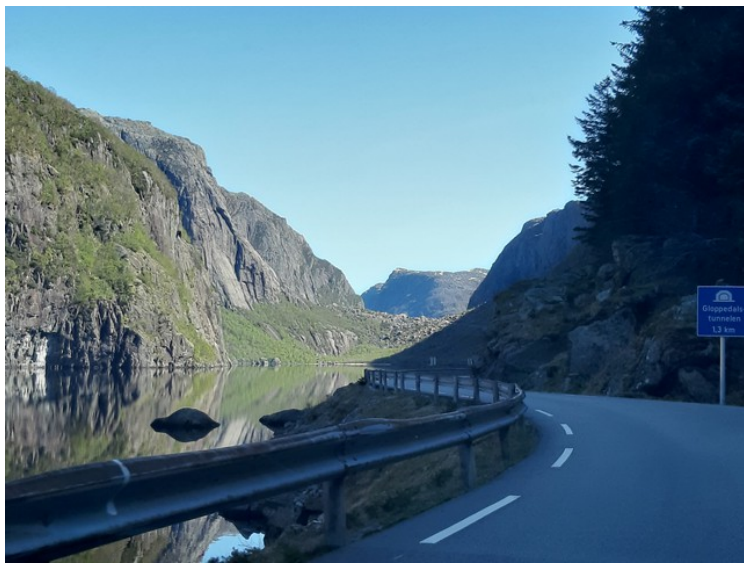
Coming past Vikeså we see [Øvrebygda](#) by the lake [Hofreistæ](#),



[Birkelandsvatnet](#) to the left.  
Lindelifjellet in the background.



Here we approach Veen.  
Ytra [Vinjavatnet](#) to the right.



Here we come to [the Gloppedal tunnel](#).  
Indra [Vinjavatnet](#) to the left.



Then we are through the tunnel.



The road goes through [Gloppedalsura](#) which is called Northern Europe's largest rock pile. It consists of boulders located on top of an end moraine. It was created 10,000 years ago when the glaciers melted. Frost weathering caused huge amounts of rock to fall out of the mountainside.

On April 22, 1940, German forces attacked Gloppedalsura from Veen. Here, the large boulders functioned as a natural fortress for the Norwegian defenders. Many Germans fell in the battle.



Big rocks.



Then we drove along [Glppedalsvatnet](#).



Here we come to Byrkjedal. We see the road that goes over the mountain to Maudal.



This is [Byrkjedalstunet](#). Here there is a hotel, restaurant, candle factory and conference rooms. One of the conference rooms, Gloppehallen, is located inside the mountain.

Byrkjedalstunet is one of Rogaland's most visited tourist destinations and has 150,000 visitors annually.



The road further down the valley goes through [Giljajuvet tunnel](#).



Then through this tunnel, [the Skredlitunnel](#) which opened in 2009. Before the tunnels opened, the road was narrow, winding and prone to landslides.



[Dirdalsåna](#) flows here. We see some of the houses in [Gilja](#) on the other side of the river.



This is [Gilje Tre AS](#).



The road to [Frafjord](#) goes here. We see signs to [Giljastølen](#). There are cottage areas with 250 cottages. In addition, there is a campsite. In winter there are ski lifts.



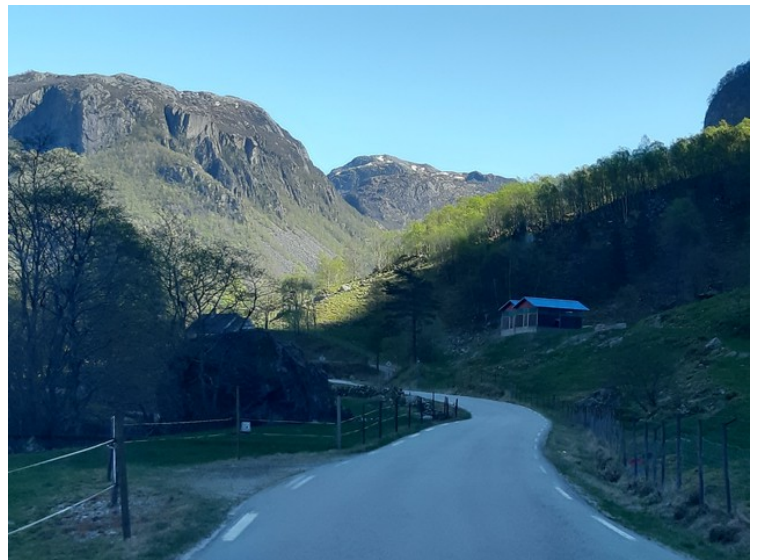
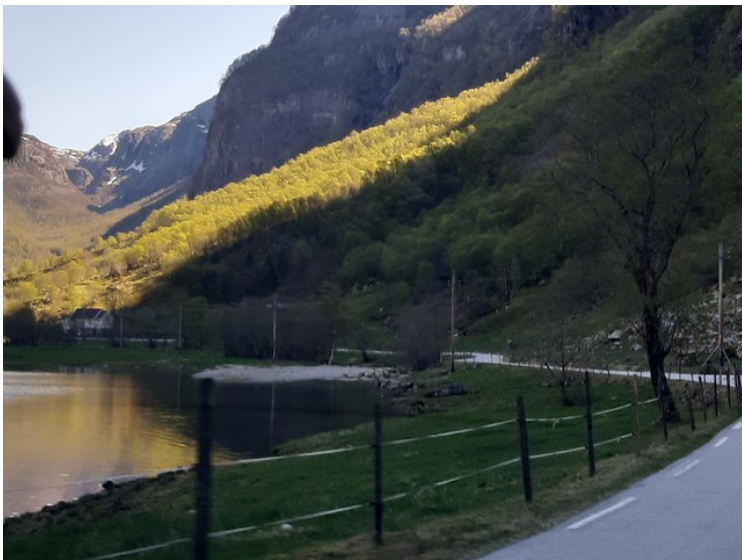
This is the old road that went over the mountain. It is now closed at Giljastølen. From here and down to Frafjord, the road was constantly exposed to landslides.



Now there is a tunnel through the mountain.  
The [Frafjord tunnel](#) was opened in 1999.



Here we are through the tunnel and look inwards Frafjord valley.





Frafjord Prayer House.



Here there is a bridge over Frafjoråna to Molaug.







At the top of the valley is a parking lot. From here there is a path up towards Månafossen. The trail is quite steep and rugged. Stairs have been made and there are chains to hold on to on the steepest sections.

[Månafossen](#) has a free fall of 92 meters. It is one of Rogaland's biggest tourist attractions.



Here we are on our way down the valley again.



This is Frafjordåna.



This is at Eikeskog.



Here we look down towards Brådland.



Further down towards Kommedal.



Bridge over Brådlandsåna.



Håland.



Kommedal.





Frafjordåna.



Here we come to Frafjord village.





The quay in Frafjord. Here the boat docked in the past.



Today, the quay is a fishing spot.



Boathouse.



Further away lies [Frafjord Spa](#).



Here there are many cottages and a marina.



Many boats.





At the back we can see the path that goes over the mountain to Espedalen.



Inner part of [Frafjorden](#) seen from the air. Frafjorden is a continuation of [Høgsfjorden](#).



Then we drove back through the Frafjord tunnel to Gilja and came to Dirdal. This is [Dirdal church](#).



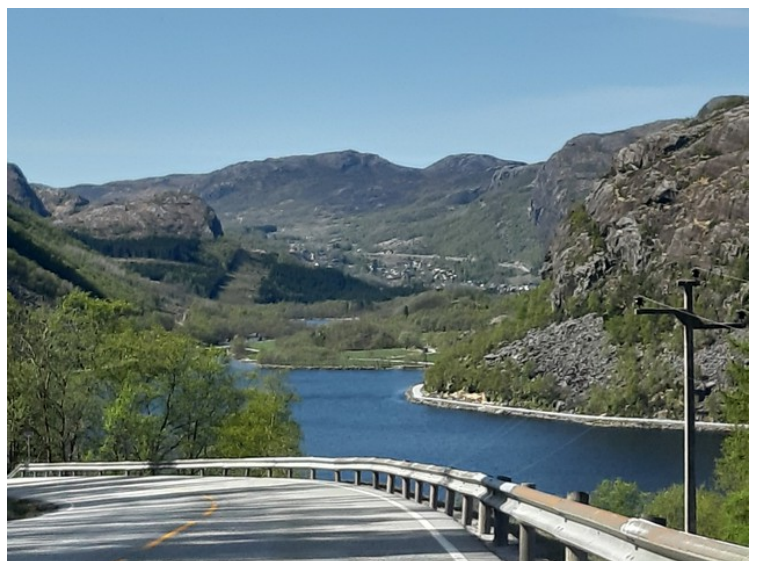
Here we look down the valley in the direction of Høgsfjorden.

The mountain in the background is [Uburen](#). It is a theory that the name has something to do with the folklore about the [myling](#), which is a special form of [ghost](#).



From the road we see the roof of some of the houses in [Dirdal](#).

There is a stone crushing plant down by the fjord. It gets stone from the quarry at Ragsvatnet.



This is [Ragsvatnet](#) with Oltedal in the background.



On the other side of Ragsvatnet we see [Bynuten](#). Bynuten was the highest mountain in Sandnes before Sandnes was merged with [Forsand](#).



Here we drive along Ragsvatnet.



This is [Rage bridge](#). It was taken out of service in 1937. From here we drove a detour down to Oltesvik.



Behind Ragsvatnet we see the mountain Kammen. We also see the quarry [Norsk Stein Dirdal](#).



Here we see Vigaknuten.



Then we were down by the quay in Oltesvik. [Oltesvik Power Plant](#) is located next to the quay. It gets water from Ragsvatnet, On the other side of [Høgsfjorden](#) we see Rossavik.



Here we drive back along Ragsvatnet towards Rage bridge.



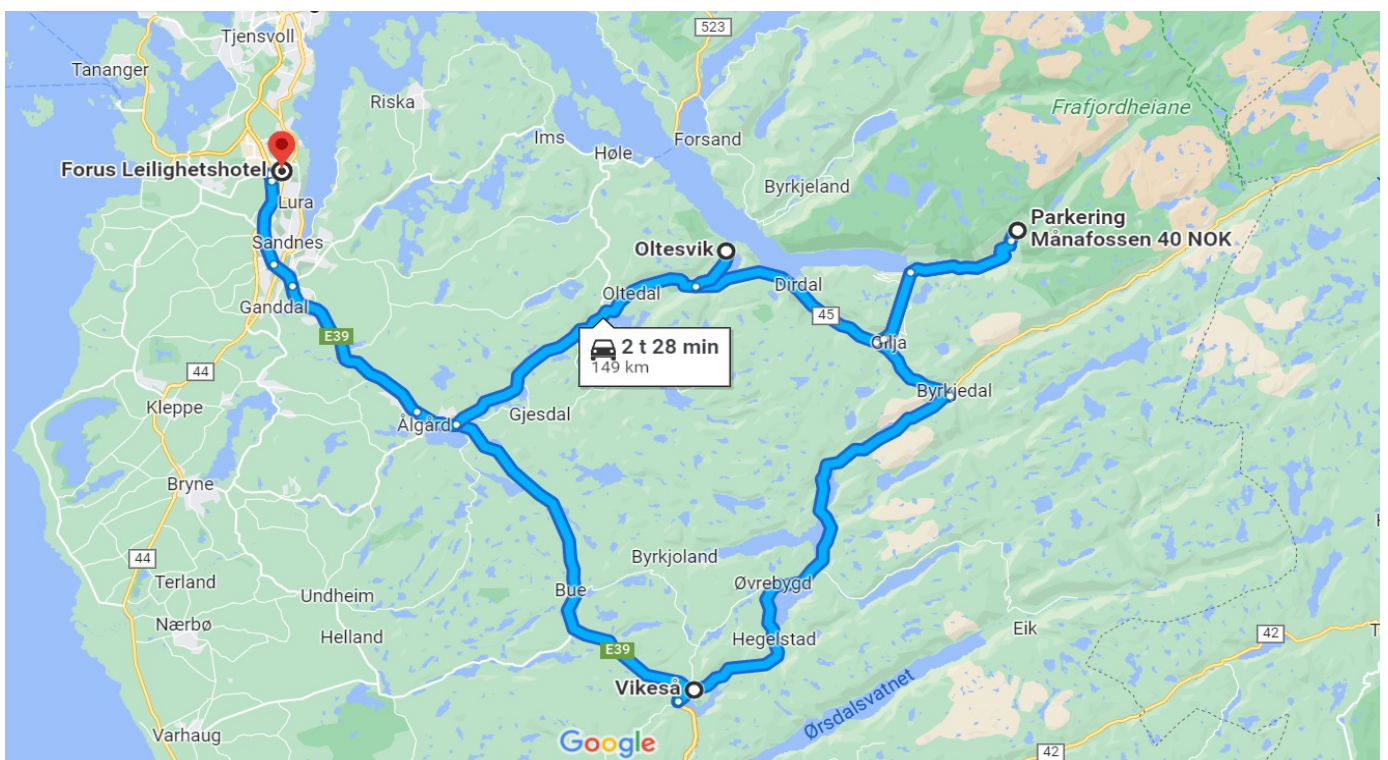
Then we come to Oltedal.



Here we have taken off from the main road that goes outside the buildings.



Many houses in Oltedal. There is some yarn industry here.



Then we had run this round.



In the evening we had booked a table at this restaurant, [Hereford and Friends](#). It is considered to be the Stavanger - Sandnes region's best steakhouse at the moment.



We had invited Solveig and Leif Kalheim.



I had steak with baked potato, creamy mushrooms and homemade bernaise sauce.



AnneBerit had halibut with baked potato.



For dessert I had creme brulee.

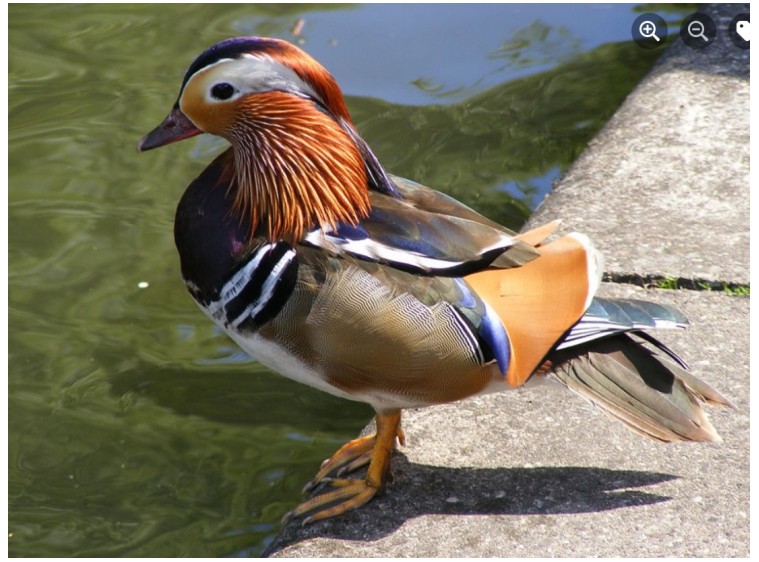


Anne Berit had Herefords brownies with vanilla ice cream.





When we were going to return to Kongsvinger on Monday, we had a lot of spare time, so we drove to [Sandvedparken](#) in Sandnes. [Sandalsand](#)

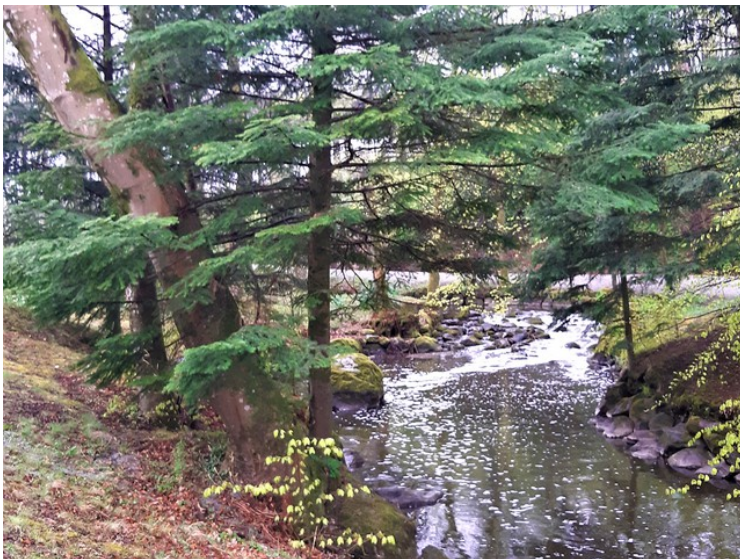


There lives a [Mandarin duck](#) in the park. Anne Berit wanted to see it.

Some pictures from the park.

Sandved horticultural school laid out the park on its property in the early 20th century. The municipality has rented the park since 1932, but is now the owner.





This is a beautiful park located along Storåa from Sandnes to Ganddal.  
It is about 800 meters long.



In the park is this cafe: [Parkkafeen](#).



This is a picture we found in the terminal at Sola Airport. The plane left Sola at 15.00 and was at Gardermoen at 15.50.

The bus to Dalen Parkering was ready to run when we got out of the terminal.



Then we were home again. Here we have hung Maria's artwork in the office.