

## TRIP TO ELVERUM AND HAMAR THE 12<sup>TH</sup> AND 13<sup>TH</sup> OF JUNE

Anne Berit is a member of an association called [BirdLife](#). She was notified that they would release a great grey owl that had been hit by a car. It had been cared for and fed by one of the members of the association. Those who wanted to see the bird released again could meet at Circle K Hernes at 16 o'clock on June 12.

The owl previously nested only in Pasvik in Norway, but in recent years several birds have been registered in Innlandet county. It prefers coniferous forests with hints of marsh areas. It specializes in eating small rodents, with field vole as the preferred rodent.



This is the gas station.



The release was to be made in a wooded area near the station. Here the bird has been taken out of the cage.



Many people had attended to watch.



Immediately ready to release it.



Ready



Here it flips away.



It didn't go so well. It was sitting in a spruce and could no longer cope, so it had to be picked up.



It seems to be happy to be saved. The plan now was for them to feed it a few weeks before trying again.



We spent the night at Thon Partner Elgstua Hotel in Elverum.



The room looked like that.



We ate in the hotel restaurant. It's called Restaurant Jaktlaget (Hunting Team).



The hotel is called Elgstua (Moose living room), so there must be a moose on the wall.

We ate:

Oven baked char served with the Solør potato, asparagus, confited tomato and hollandais sauce.

It was good, but it was just a tiny fish fillet, so it was not to be saturated.

Spare ribs with barbeque sauce served with salad and french fries.

This was approved without remarks.



More moose in the background.



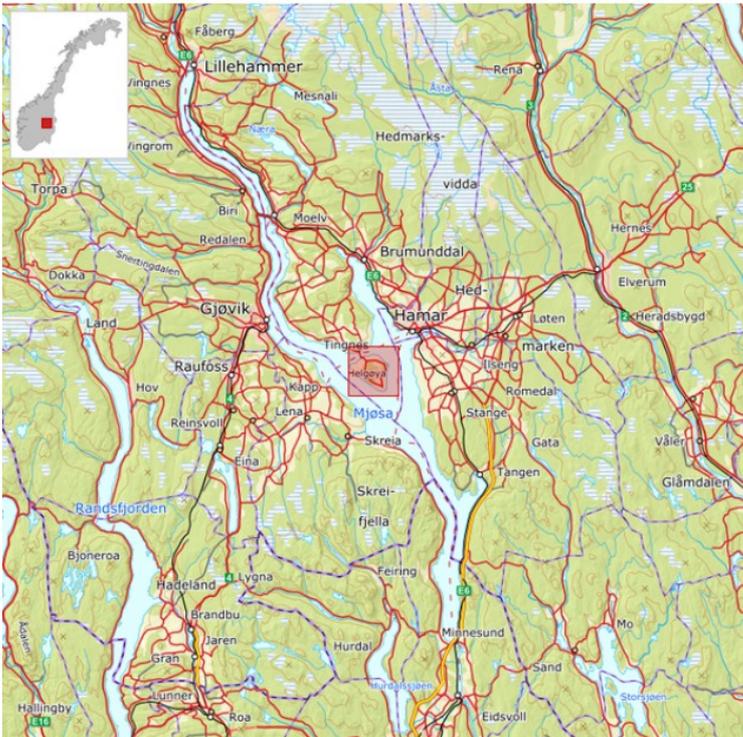
From our room we could see two Ferraris parked outside.  
This is the one.



Here's the second Ferrari.



There is a large parking lot in front of the hotel.



Anne Berit had not been to [Helgøya](#). I hadn't either, so we decided that we were going there. We intended to visit Oddveig and Lars after we had been there, but when Anne Berit mentioned it to Oddveig, she asked if we could come to them as she could join.

Helgøya is located in Lake Mjøsa and is the largest inland island in Norway.



Here we have come to [Tingnes](#), all the way south on the Nes peninsula in [Ringsaker municipality](#), and look across Nessundet towards Helgøya.



Her ligger Nessundet [Kafé](#). Vi ser [Nes kirke](#) i bakgrunnen.



Ved kaféen så vi denne morsomme skulpturen, en spade med en plate på skaftet. Kan sikkert benyttes som bord for gjestene på kaféen. Vi ser Nessundet bru i bakgrunnen til venstre.



Here we have come over on Helgøya. We are on Sund and see back towards Nessundet bridge and the mainland. The bridge was opened in 1957.



View of Nes church.



Here is a small marina, Sund Boat Harbor, and a summer inn, [Øya Maritim](#)

In the Middle Ages, a church was located on Helgøya. This was moved to Baldishol at Nes in 1612. The island has several large farms, including the old manor Hovinsholm and Hovelsrud. At Hovinsholmen outside the southern tip of the island, a burial mound was built for Guttorm, who fell in the fight against Halfdan the Black.

On Hornsodden west of the island are several bronze age burial mounds.

In winter, the connection with the mainland was an ice road from Sund to Tingnes. For the rest of the year, small boats were used for contact with land. Later came car ferries, including M/F "Helgøya".



Then we have driven south on the island and have come to [Hovelsrud](#).

It is one of the large farms on the island. This is the operating building. The main house is on the bottom.



Here we look back at the main houses. There is a historic garden, but it was closed.



Original sign.



Operating building, chicken house.



The next stop was at the descent to Hovindsholm. It is a large farm and formerly noble seat.

The farm's strategic location on the southern tip of Helgøya meant that from the saga era it has played an important role as a major seat.

Probably it was at Hovin that [Duke Skule](#) stayed in 1240 when his son Peter was a priest on Helgøya. During the period 1639-1719, the entire Helgøya was under the Hovindsholm estate.

The farm is otherwise known for its fertile soil and good sun conditions, which has made it an important area for agriculture.



Then we go back to the mainland. The bridge is narrow, so light control is needed.



From here we see the entire marina.



Then we are back to Oddveig and Lars.



We were going to spend the night at [Vikingskipet Hotell og Spiseri](#).



The room looked like that.



From the dining room





The reception  
The photo is taken from their web pages.



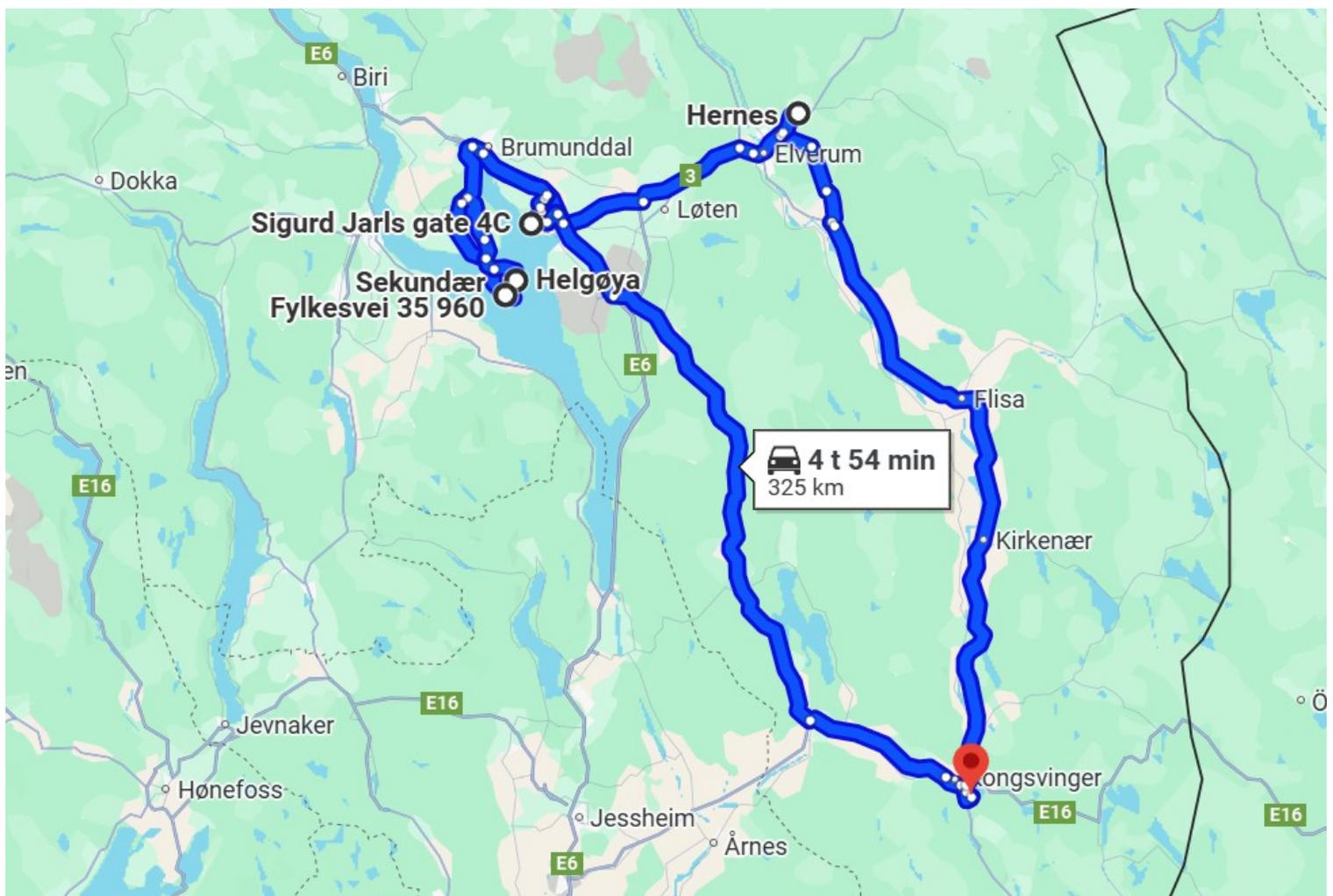
The view from the room away not the [Vikingskipet](#).

The hotel was only 2-star so it was more to be considered a hostel.

In the evening I had diced beef, wedges, bernaise sauce and salad. It was well fried, the potatoes were almost scorched and the meat was completely dry, but it didn't taste bad, so I didn't complain. I had red wine for the food.

Anne Berit ate an Asian chicken.

What was most Asian was perhaps the salad for in it was was pumpkin kernels, pineapple and corn. It was an abundant portion. Anne Berit had white wine for the food.



The driving route was like this these days.